

epilepsy *action*
Cymru
Abergele



**Are you, or someone close to you
living with epilepsy?**

A local group meets at

**Itaca Internet Café, Hesketh House,
Bridge Street, Abergele LL22 7HA
On the first Thursday of the month
between 10am and 12 noon**

If you want to meet and chat, please come along
and find out more. All welcome.

For more information: call Jan Paterson,
North Wales bilingual development worker
on 07739 093 211 or email: jpaterson@epilepsy.org.uk



**Come and
join us**

Epilepsy Action Helpline:
freephone 0808 800 5050 text 0753 741 0044
email helpline@epilepsy.org.uk epilepsy.org.uk

Epilepsy Action is a working name of British Epilepsy Association.

A company limited by guarantee (registered in England No. 797997) Registered charity in England (No. 234343)

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**A ydych chi, neu rywun yn agos
atoch chi'n byw gydag epilepsi?**

Mae grŵp lleol yn cwrdd yn

**Itaca Internet Café, Hesketh House,
Stryd y Bont, Abergele LL22 7HA
Ar Ddydd Iau cyntaf bob mis rhwng
10am a 12 hanner dydd**

Os ydych chi eisiau cwrdd a sgwrsio, dewch draw i ddysgu
mwy. Croeso cynnes i bawb.

Am ragor o wybodaeth: ffoniwch Jan Paterson,
Gweithiwr datblygu dwyieithog Gogledd Cymru
ar 07739 093 211 neu e-bost: jpaterson@epilepsy.org.uk



**Dewch i
ymuno â ni**

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